

---

# The Extraordinary Coach™

## 1-day Agenda

---

### **Welcome and Introduction**

- Tools for the Day
- Attributes of Extraordinary Coaches
- Benefits of Coaching
- Workshop Objective

---

Module 1

### **The Business Case for Coaching**

- Coaching Definition
- Business Impact of Coaching
- Performance vs. Career Coaching
- Coaching and Extraordinary Leaders
- Research Findings

---

Module 2

### **The Leadership Relationship**

- Autocratic vs. Laissez-Faire Approaches
- A Situational Approach
- Your Coaching and Perspectives Profile

---

Module 3

### **The Coaching Conversation**

- Introduction to the FUEL Process
- The Coaching Conversation Guide
- The Coaching Topic Checklist
- FRAME the Conversation
- UNDERSTAND the Current State
- Inference and Meaning
- Keys to Effective Listening and Questioning
- EXPLORE the Desired State
- LAY OUT a Success Plan

---

Module 4

### **Developing Yourself as a Coach**

- Coaching Development Plan
- Culminating Review and Practice

---

### **Workshop Summary and Conclusion**

---